

Worried about your mental health?

Mental health problems are common. One in four people will experience poor mental health at some point in their lives.

At Carnival UK we put our people's health and wellbeing first, that's why we encourage our people to become mentally health aware.

All of the individuals below have been trained to have greater mental health awareness. **Talk to one of them for confidential support.**

Sandra Thompson
Linda Gapper
Anna Thomas
Michelle James
Steven Strange
Mark Buckle
Robert Long
John Val de la Cruz
Helen Kimber
Evans Hoyt
Mike Jepson
Tracy Hughes
Lisa O'Connell
Thomas Browning
Paul Murphy
Panagiotis Karadimas
Karl Shepherd

Human Resources Manager
Human Resources Manager
Human Resources Manager
Human Resources Manager
Human Resources Manager
Human Resources Manager
Chief Engineer
Human Resources Manager
Hotel General Manager
Captain
Chief Engineer
Human Resources Manager
Hotel General Manager
F&B Manager
Housekeeping Manager
Safety Officer
Deputy Captain



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Ian Wynne-Smith
Laurence Pilbeam
Risha Chadha
Biju Cheriyan
Alessio Vanini
John Brodie
Hamish Sunter
Helen Gough
Patrick Maguire
Paul Bailey
Debs Thomsen
Anthony Rodrigues
Jordan Griffith
Luko Vojvoda
Phil Gowland
Ivaylo Katranov
Ivan Kastrev

Hotel General Manager
Security Officer
Human Resources Manager
Head Waiter
F&B Manager
Hotel General Manager
Deputy Captain
Human Resources Manager
Captain
Chief Engineer
Hotel General Manager
Housekeeping Manager
Hotel Operation Retail Manager
Captain
SETO
SSE
Deputy Captain



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Derek Gray
Amanda O'Donnel
Ian Herechuk
David Lea
Martin Allen
Caroline Brown
Andrew Jackson
Peter Sugden
Denzil D'Souza
Glenn Milway
Orla McCreesh
Daniel Bale
Matthew Nicholls
David Phenix
James Ingram
Lindsay Petrie
Christopher Wells

Captain
Human Resources Manager
Hotel Operation Retail Manager
F&B Manager
Captain
Environmental Officer
Senior Doctor
Security Officer
Deputy Captain
F&B Manager
L&D Officer
Senior Nurse
Deputy Captain
SETO
Environmental Officer
Safety Officer
Captain



MHFA England



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Fitzgerald Rodrigues
Ross Wheeler
Worrel Anthony Fernandes
Lyuben Georgiev
Gerry McCabe
Martin Wilkins
Neil Carroll
Anthony Wallis
Sheena Matthams
Peter Glyn Phillips
Robin Hookham
Jeffrey Morgan
Anastasios Almpertis
Vaibhav Bhatia
Harry Morley
Marek Koziestanski
Alan Hawkins
Jeremy Saltonstall

HORM
Environmental Officer
Asst Housekeeping Manager
Staff Chief Engineer
Senior Doctor
Chief Security Officer
Environmental Officer
Chief Engineer
Security Officer
Environmental Officer
SETO
F&B Manager
Hotel Auditor
Housekeeping Manager
Safety Officer
SETO
Captain
Safety Officer



MHFA England



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Marcin Banach
Brian Cox
Andrea Kaiser
John White
Denis Balic
Luca Barone
Colin McIntosh
Naomi Mcferran
Charles Allen
Russell Robson
Martyn Davies
Inger Thorhauge
David Hudson
Ian Gillone
Edward O'Driscoll
Neil Coleman
Daljit Sharma
Pero Marovic

Captain
Senior Doctor
Housekeeping Manager
Human Resources Manager
Deputy Captain
Staff Chief Engineer
Chief Engineer
Hotel General Manager
Safety Officer
Deputy Captain
SETO
Captain
Deputy Captain
Chief Engineer
SETO
HORM
Hotel General Manager
Ships Services Engineer



MHFA England



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Alex Grybovskyi
Sinclair Ross
Chris Kennedy
Olga Loos
Dean Camilleri
Matthew Waplinton
Zaeem Dalvie
Peter Hawthorne
Gordon Morgan
Gemma Wilson
David Shepherd

Staff Chief Engineer
Chief Engineer
Safety Officer
Housekeeping Manager
Environmental Officer
Security Officer
Senior Doctor
Senior Doctor
Chief Electrical Officer
Hotel General Manager
Hotel General Manager



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Hannah Cross
Andrew Hanson
Michelle Harradence
Alison Ault
Jessica Biggerstaff
Gareth Watt
Vanda Forward
Naomi Clarke
Peter Hutchison
James Stride
Hannah Leach
Tracy Jessop
Glenn Reynolds-Viljoen

Resourcing & Onboarding
IT
Learning
IT
CCO
Shared Services
Learning
IT
Maritime Leadership
Maritime Governance
People Leadership Team
Guest Experience
Guest Experience



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Keren Taylor
Nicola McIntosh
Katrina Raynsford
Andrea Reeves
Katy Bateson
Samantha Bell
Andrew Baldwin

People
CCO
Maritime
People
People
IT
Maritime Leadership

