Worried about your mental health?

Mental health problems are common. One in four people will experience poor mental health at some point in their lives.

At Carnival UK we put our people's health and wellbeing first, that's why we encourage our people to become mentally health aware.



All of the individuals below have been trained to have greater mental health awareness. **Talk to one of them for confidential support.**

(IT)
(IT)
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(People)



